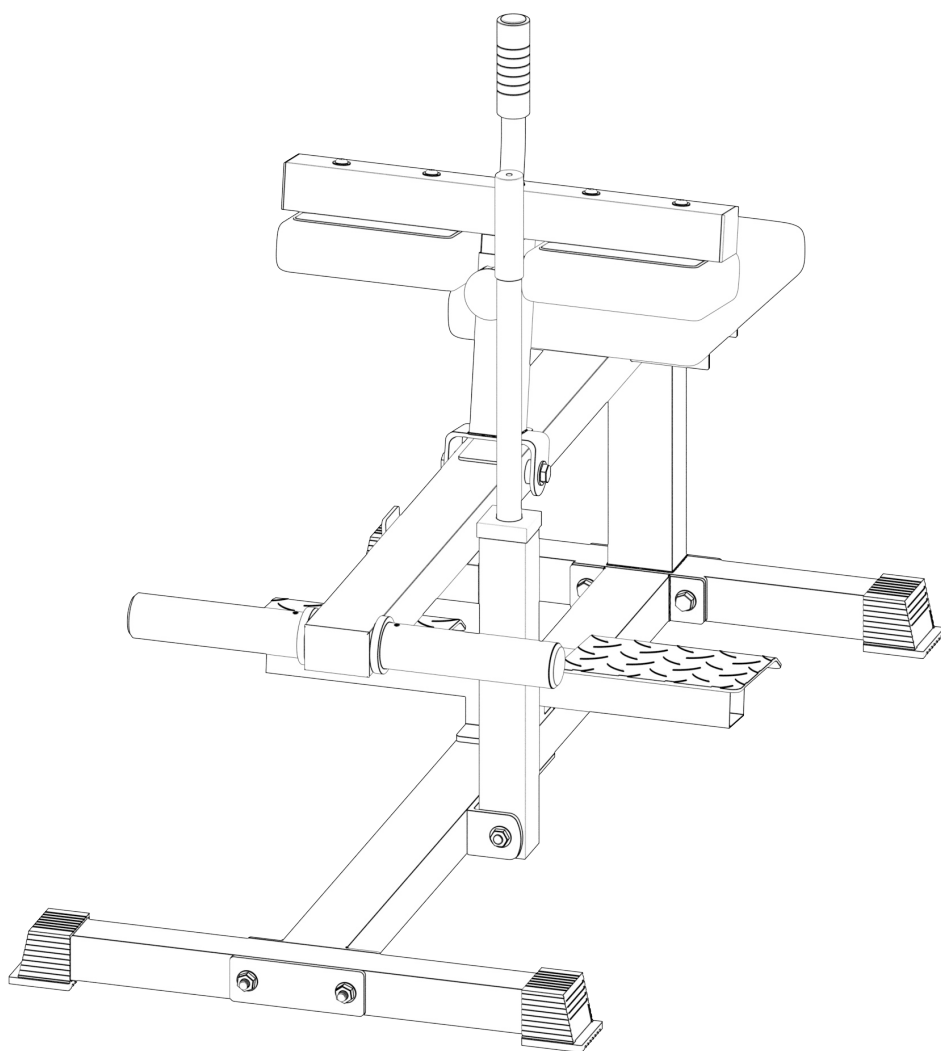


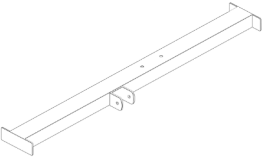
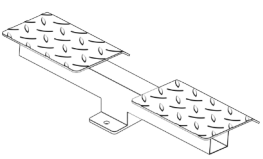
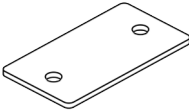
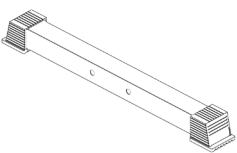
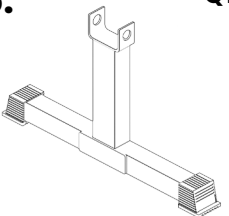
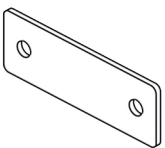
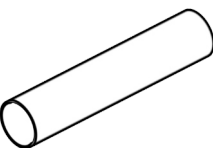
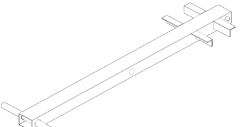
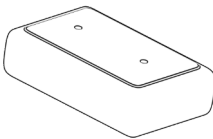
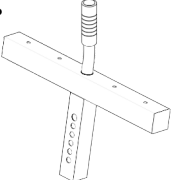
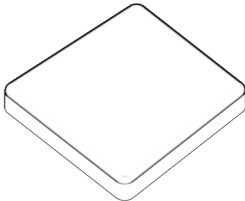
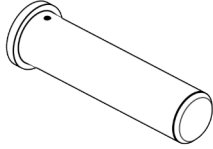
 **SYNERGEE[®]**

CALF RAISE MACHINE

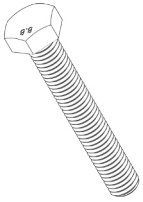
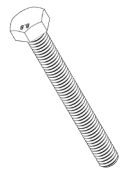
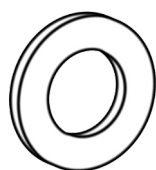
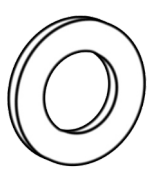
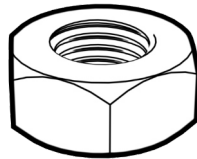


PARTS LIST

IF ANY PIECES ARE MISSING, PLEASE CONTACT US IMMEDIATELY:
HELLO@SYNERGEEFITNESS.COM OR 1.855.217.7136

1. QTY x1  BASE FRAME	2. QTY x1  FOOT REST	3. QTY x1  LARGE FASTENING PLATE	4. QTY x1  FRONT FEET FRAME	5. QTY x1  REAR FEET FRAME
6. QTY x2  SMALL FASTENING PLATE	7. QTY x1  CATCH LEVER	8. QTY x1  SMALL AXLE	9. QTY x1  LARGE AXLE	10. QTY x1  PLATE LOADING FRAME
11. QTY x2  KNEE PAD	12. QTY x1  ADJUSTABLE LIFT FRAME	13. QTY x1  POP PIN	14. QTY x1  SEAT	15. QTY x2  2" CONVERTER SLEEVE
16. QTY x2  SPRING CLIP				

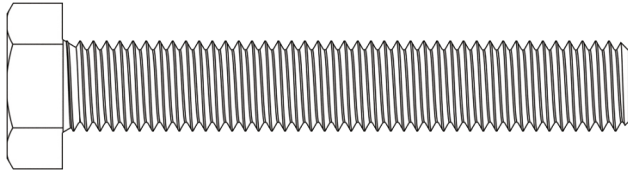
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A.  M12x75 HEX HEAD BOLT	B.  M10x20 HEX HEAD BOLT	C.  M8x75 HEX HEAD BOLT	D.  M8x65 HEX HEAD BOLT	E.  M8x16 HEX HEAD BOLT
F.  M12 WASHER	G.  M10 WASHER	H.  M8 WASHER	I.  M12 NUT	J.  M8 NUT

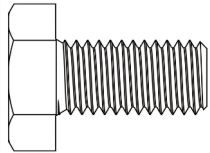


HARDWARE SIZING CHART

**M12x75
BOLT**



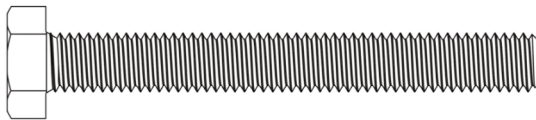
**M10x20
BOLT**



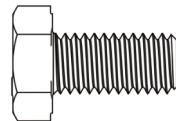
**M8x75
BOLT**



**M8x65
BOLT**



**M8x16
BOLT**

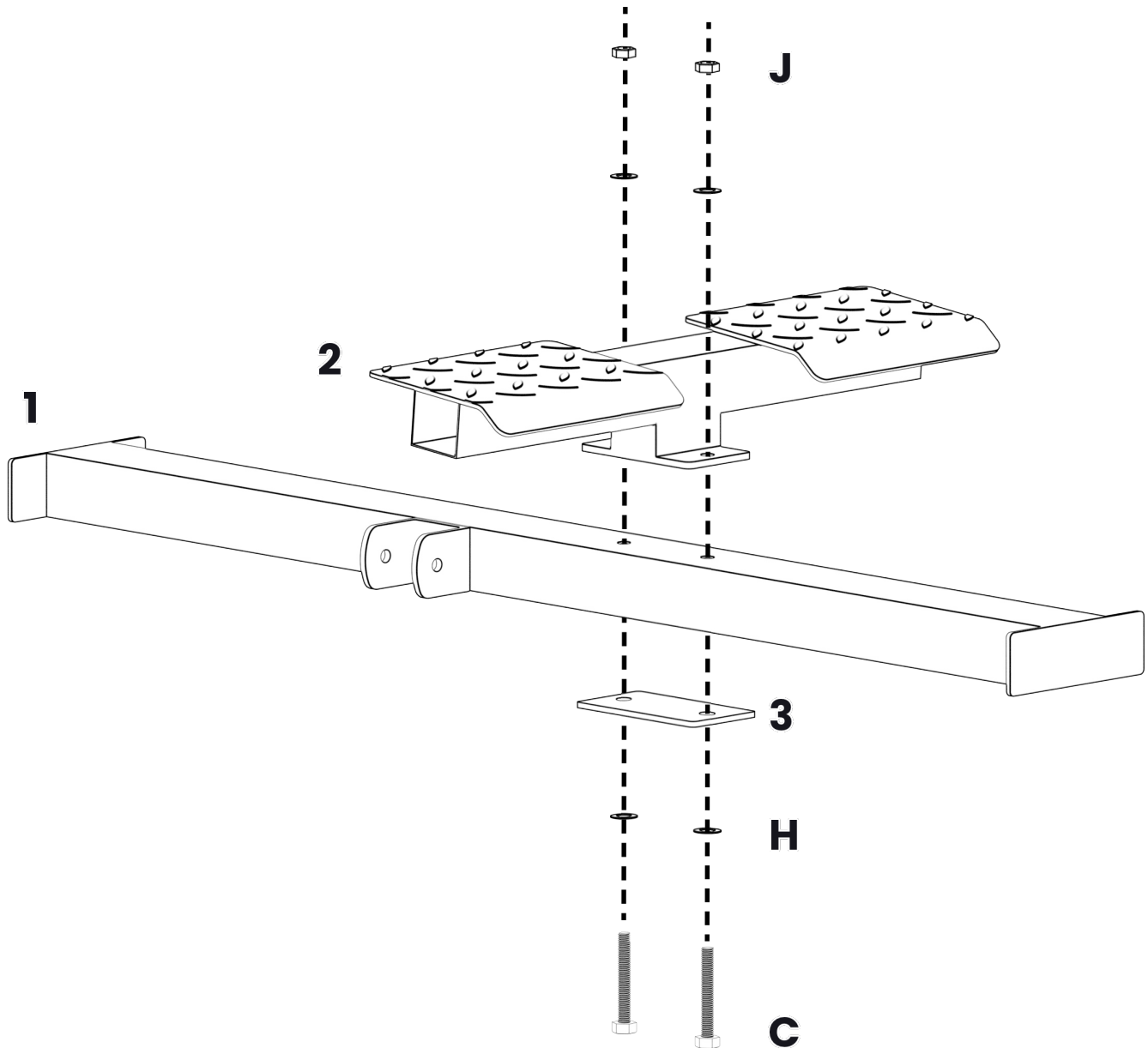


ASSEMBLY

STEP: 1

STEP PART GUIDE

#	PART NAME	QTY
1.	Base Frame	1
2.	Foot Rest	1
3.	Large Fastening Plate	1
C.	M8x75 Hex Bolt	2
H.	M8 Washer	4
J.	M8 Nut	2

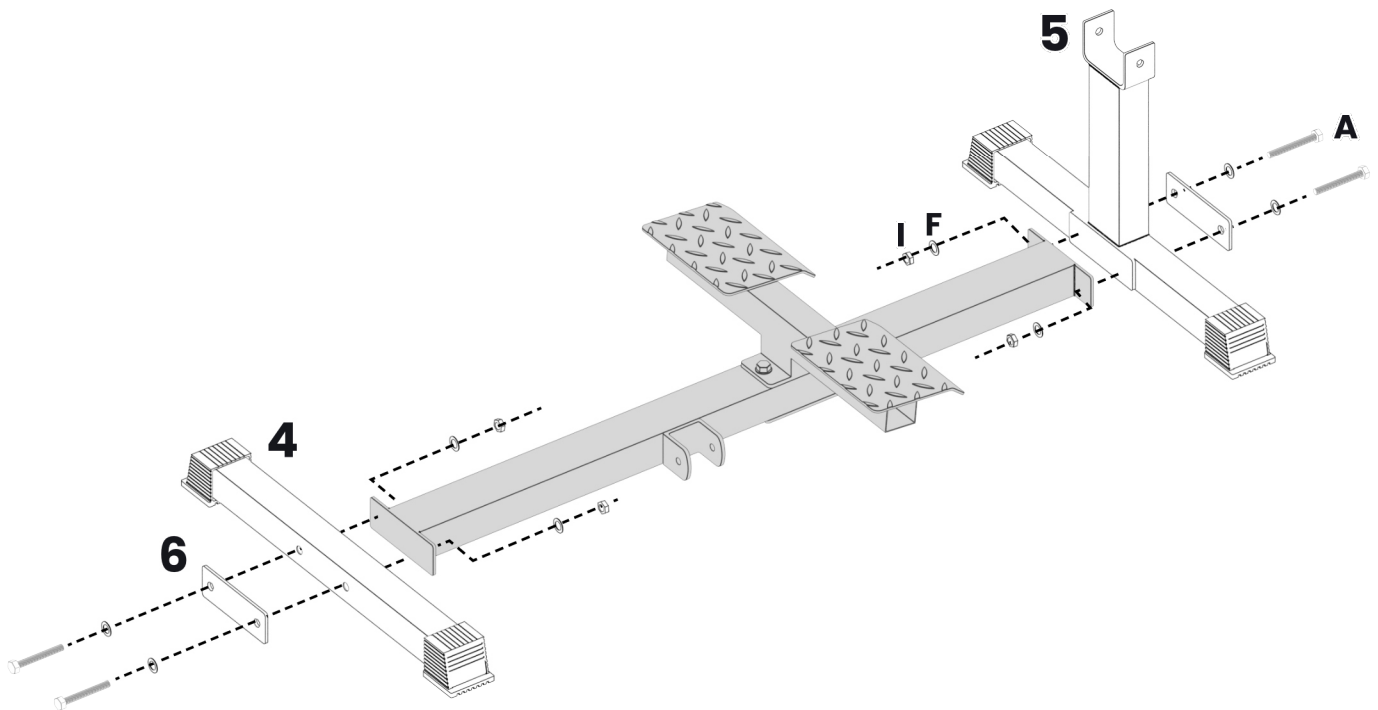


ASSEMBLY

STEP: 2

STEP PART GUIDE

#	PART NAME	QTY
4.	Front Feet Frame	1
5.	Rear Feet Frame	1
6.	Small Fastening Plate	2
A.	M12x75 Hex Bolt	4
F.	M12 Washer	8
I.	M12 Nut	4

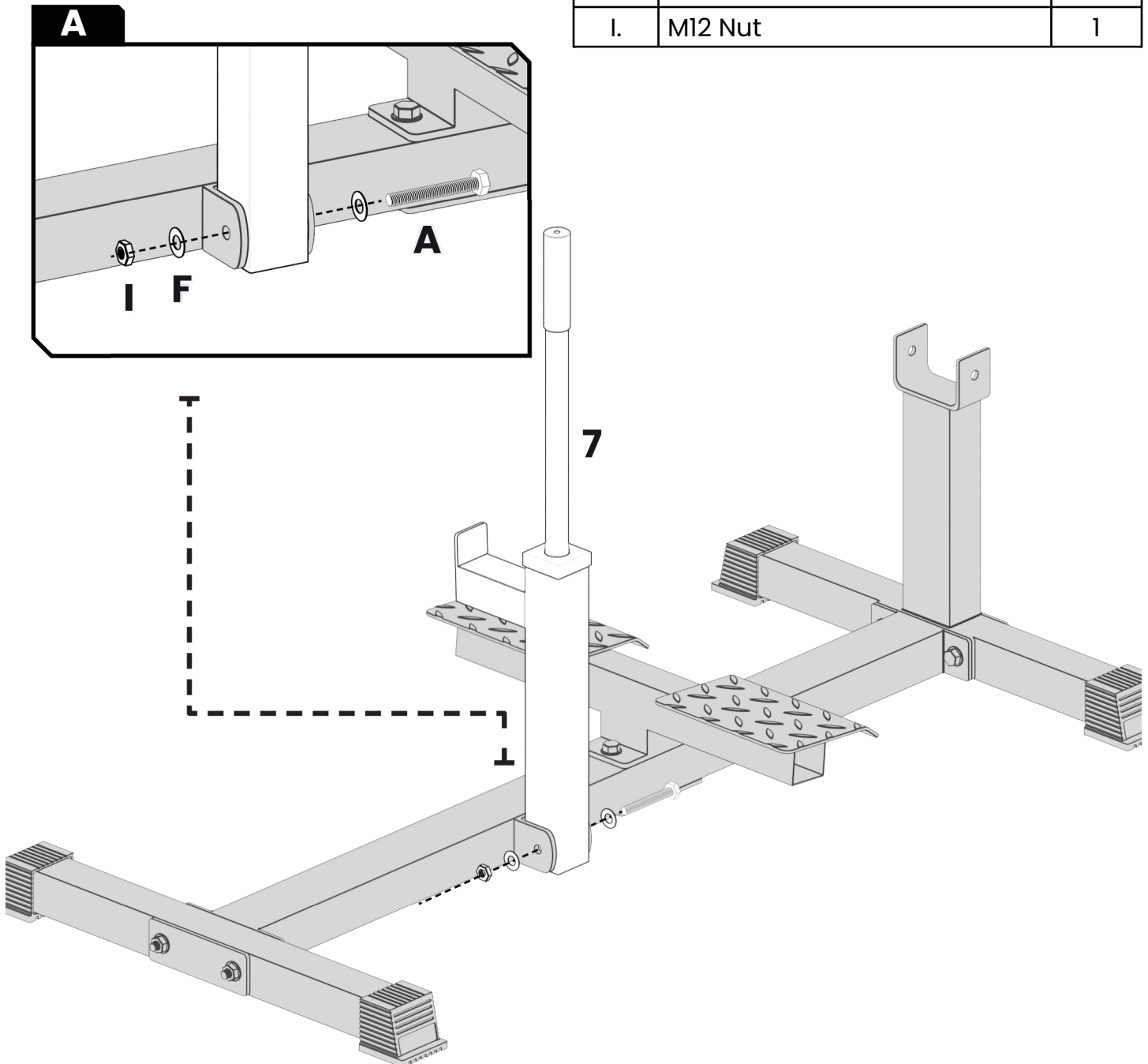


ASSEMBLY

STEP: 3

STEP PART GUIDE

#	PART NAME	QTY
7.	Catch Lever	1
A.	M12x75 Hex Bolt	1
F.	M12 Washer	2
I.	M12 Nut	1

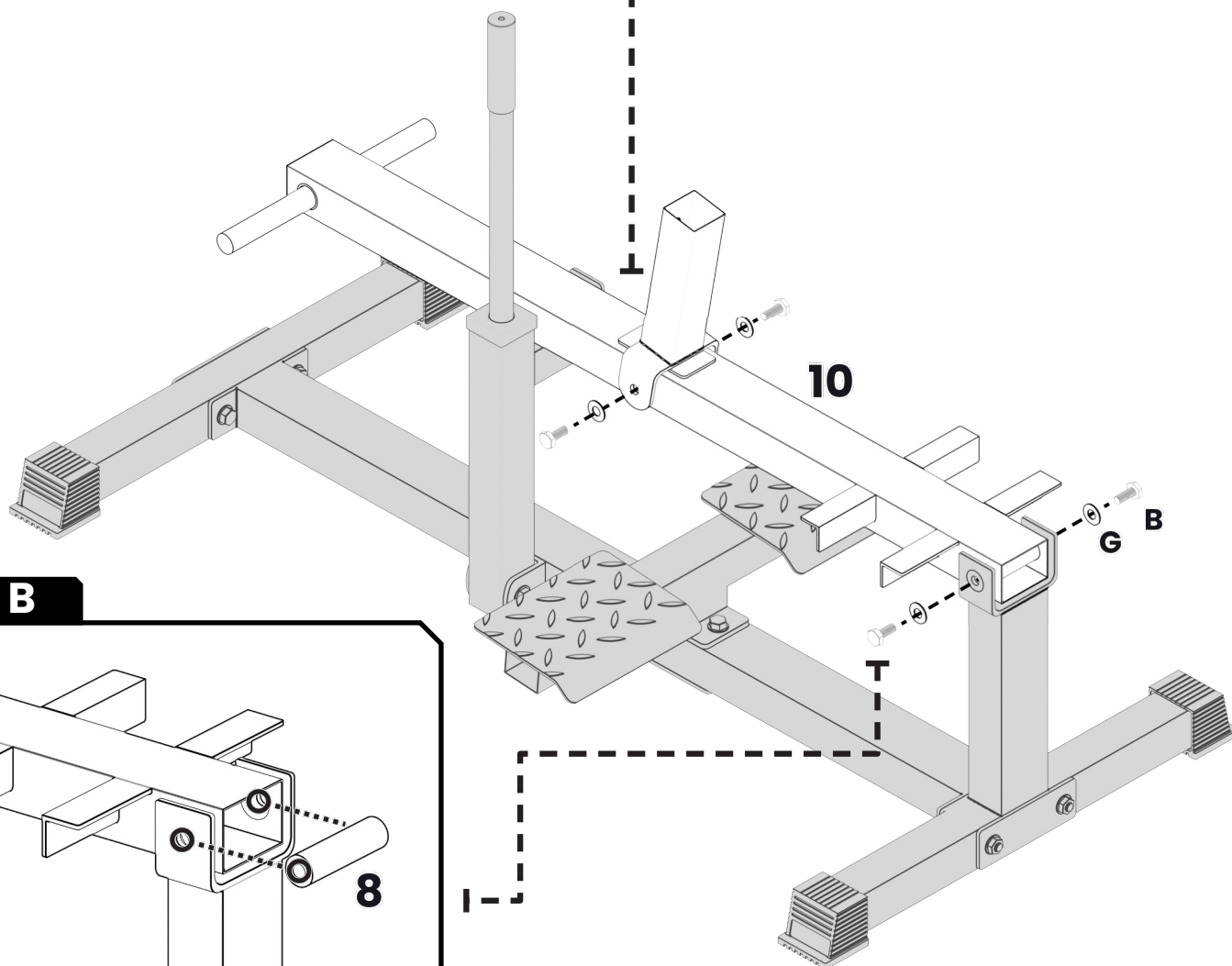
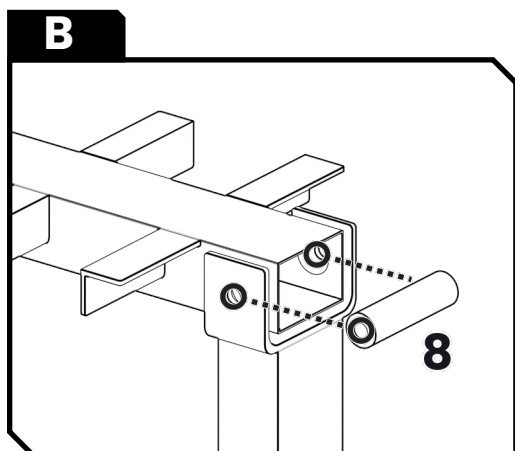
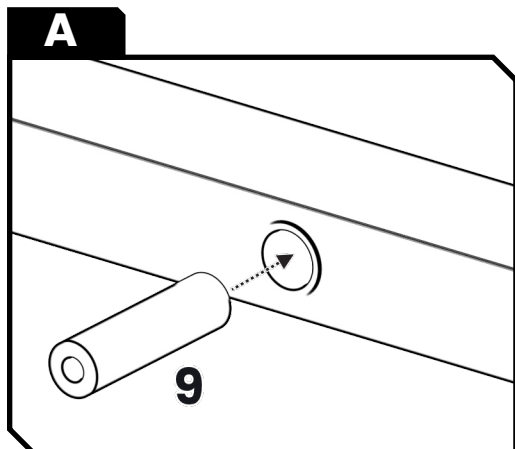


ASSEMBLY

STEP: 4

STEP PART GUIDE

#	PART NAME	QTY
8.	Small Axle	1
9.	Large Axle	1
10.	Plate Loading Frame	1
B.	M10x20 Hex Bolt	4
G.	M10 Washer	4

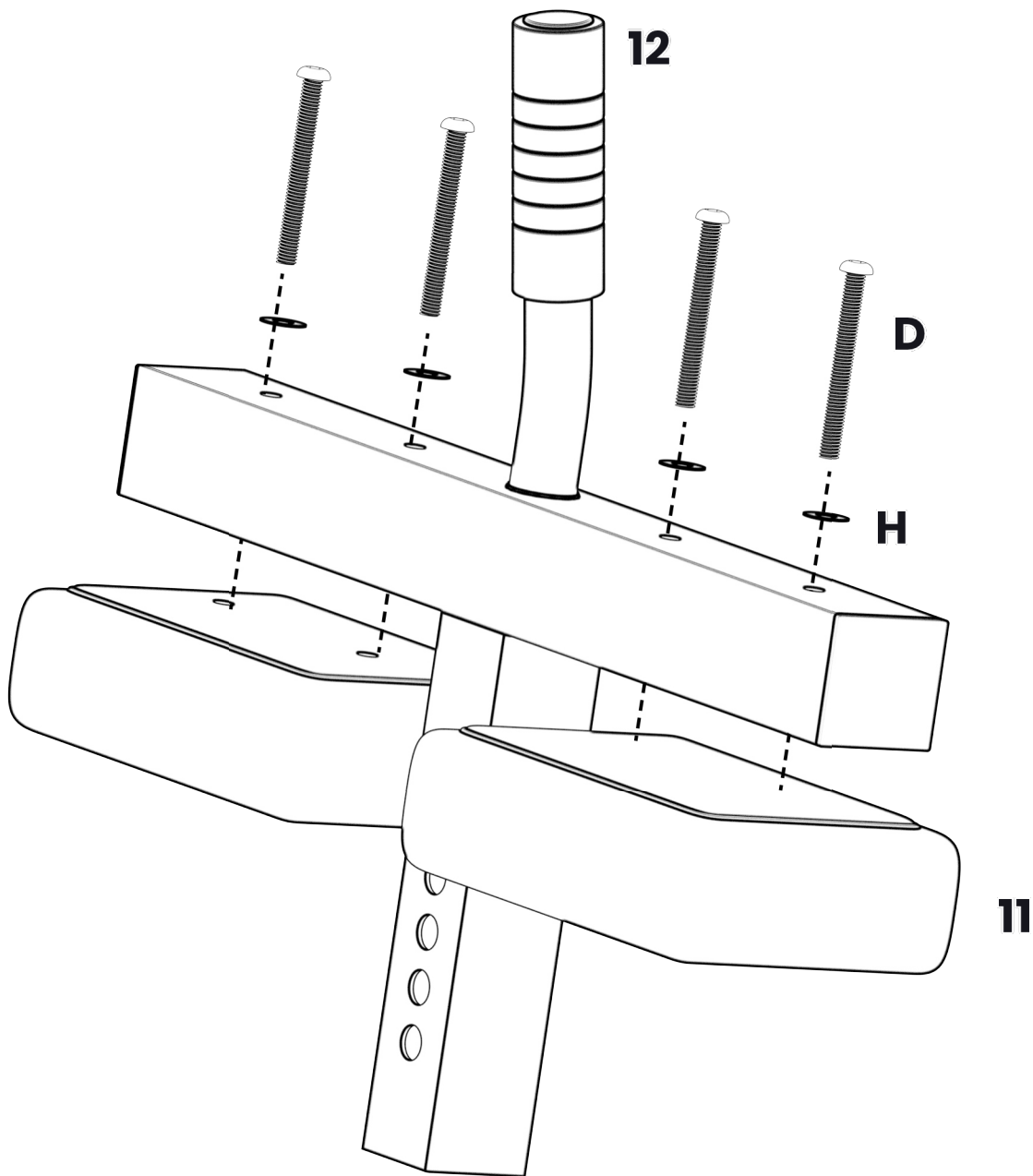


ASSEMBLY

STEP: 5

STEP PART GUIDE

#	PART NAME	QTY
11.	Knee Pad	2
12.	Adjustable Lift Frame	1
D.	M8x65 Bolt	4
H.	M8 Washer	4

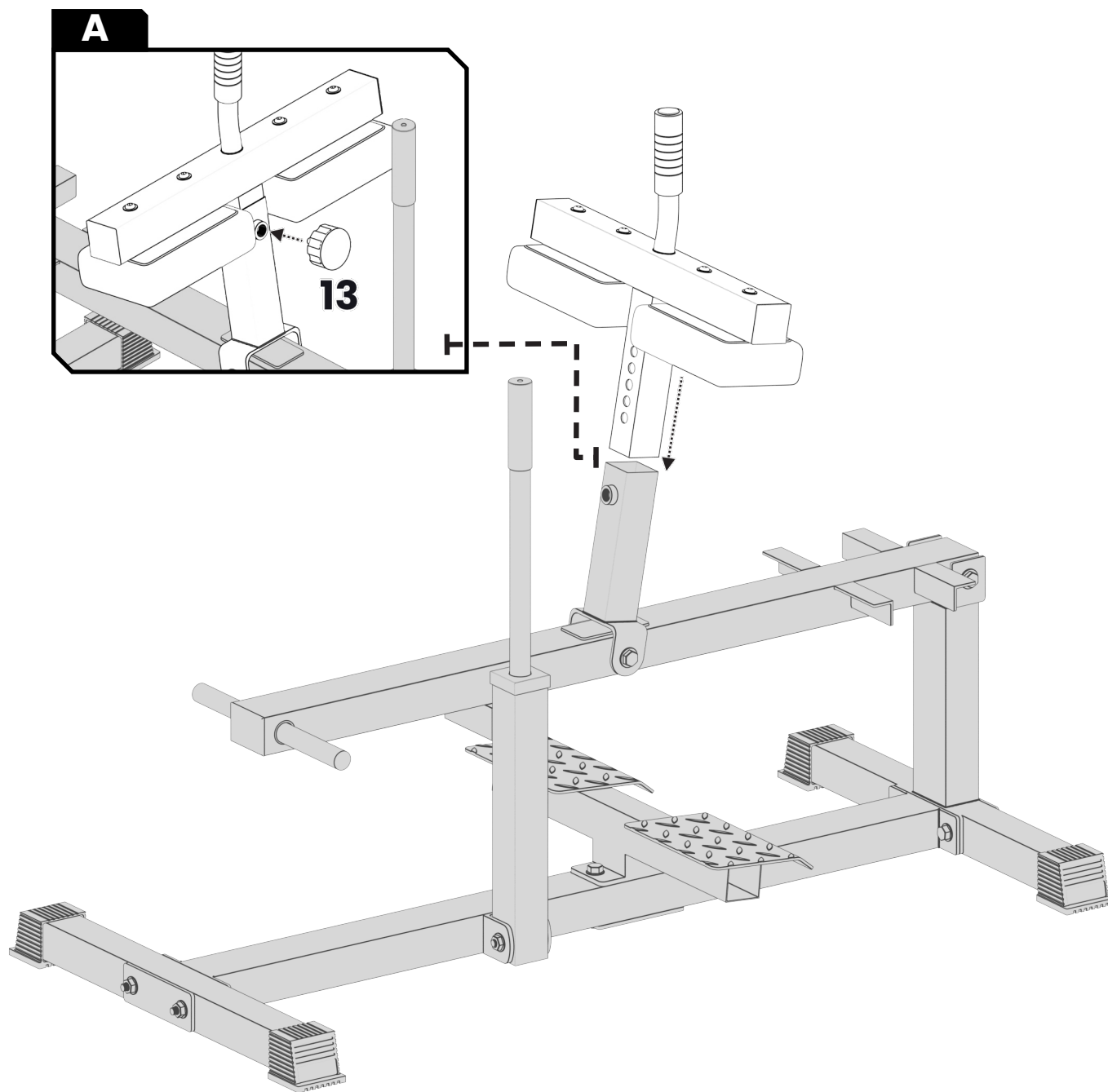


ASSEMBLY

STEP: 6

STEP PART GUIDE

#	PART NAME	QTY
13.	Pop Pin	1

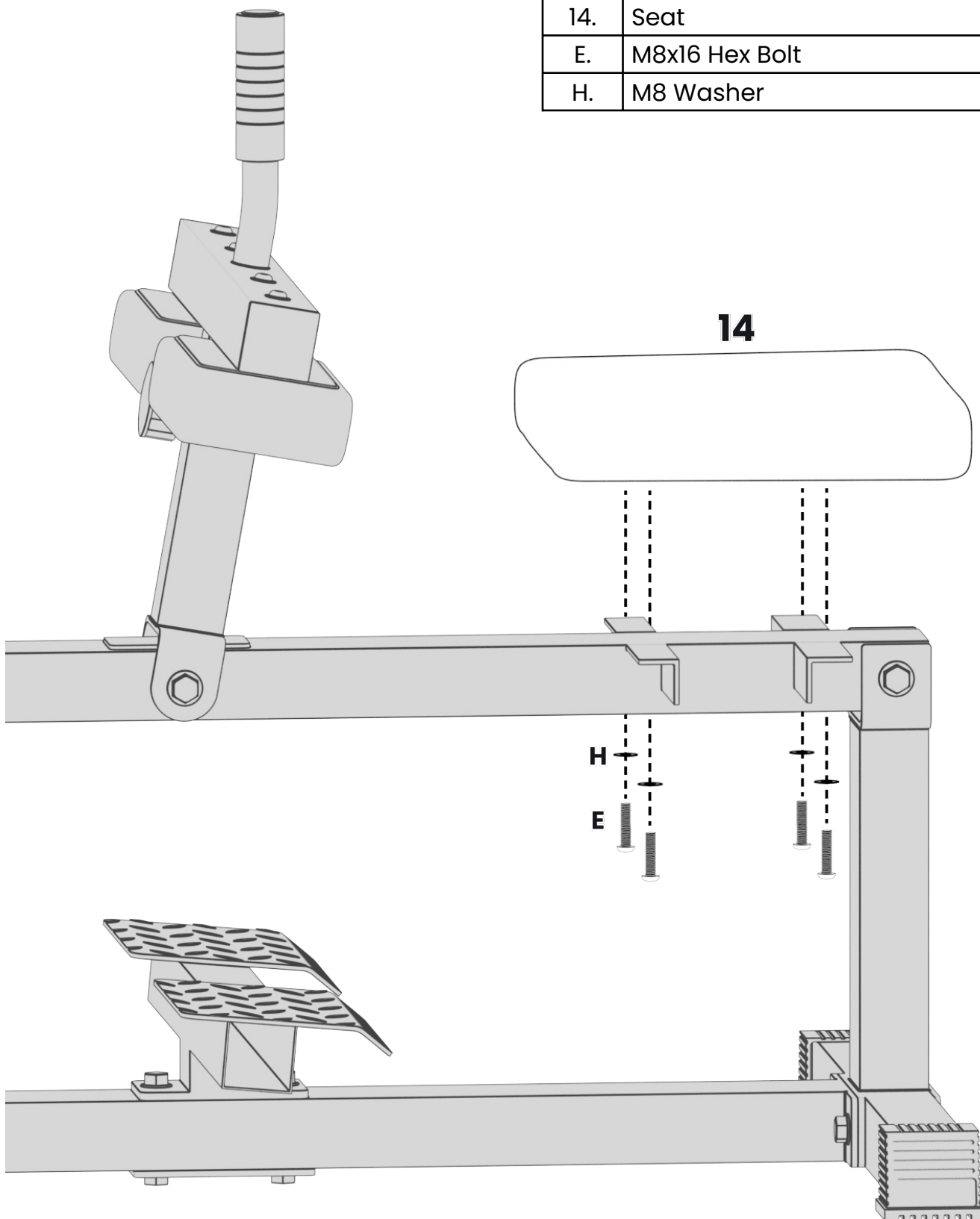


ASSEMBLY

STEP: 7

STEP PART GUIDE

#	PART NAME	QTY
14.	Seat	1
E.	M8x16 Hex Bolt	4
H.	M8 Washer	4



ASSEMBLY

STEP: 8

STEP PART GUIDE

#	PART NAME	QTY
15.	2" Converter Sleeve	2
-	Grub Screw (In Converter Sleeve)	2
-	Allen Key	-

A

